**Jessica Taylor – Systemic Lupus Erythematosus (SLE)**  
**Overview:**  
Jessica Taylor, a 34-year-old graphic designer, has been managing systemic lupus erythematosus (SLE) for 5 years. SLE is an autoimmune disease that affects multiple organs. She resides at 123 Birch Avenue, Oakwood, CA, 92003. Contact number: (555) 901-2345.

**Medical History:**

* **Past Medical History:** Diagnosed with SLE 5 years ago. Also has a history of kidney involvement and joint pain.
* **Surgical History:** None.
* **Family Medical History:** No known family history of autoimmune diseases.
* **Allergies:** Allergic to sulfa medications.
* **Medications:** Uses antimalarial drugs, corticosteroids, and immunosuppressants.
* **Lifestyle:** Follows a low-sodium diet, manages stress, and avoids excessive sun exposure.

**Previous Doctors:**  
Dr. Sarah Nelson, her rheumatologist, manages her SLE treatment and monitors disease activity. Dr. Robert Wilson, her primary care physician, supports overall health management.

**Symptoms:**  
Jessica experiences fatigue, joint pain, and skin rashes. Symptoms are managed with medication and lifestyle adjustments.

**Diagnosis:**  
SLE was diagnosed through blood tests showing elevated antinuclear antibodies (ANA) and a history of symptoms affecting multiple organs.

**Treatment:**  
Treatment includes antimalarial drugs, corticosteroids, and immunosuppressants to control inflammation and disease activity. Regular follow-ups ensure effective management.